F2

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain *You can also complete our School Readiness Programme - Ready to Shine.						my Happy mind Places			myHappymind - Celebrate						
Spring	myHappymind - Appreciate						myHappymind - Relate									
Summer	myHappymind - Engage						myHappy body		myHappy relationships		myHappy world					

Click each module title to navigate to the relevant lessons.