

Managing Medication and Medical Needs in School October 2022

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1. Aims

This policy aims to ensure that:

- > Pupils, staff and parents understand how our school will support pupils with medical conditions
- > Pupils with medical conditions are properly supported to allow them to access the same education as other pupils, including school trips and sporting activities

The governing board will implement this policy by:

- > Making sure sufficient staff are suitably trained
- > Making staff aware of pupil's condition, where appropriate
- > Making sure there are cover arrangements to ensure someone is always available to support pupils with medical conditions
- > Providing supply teachers with appropriate information about the policy and relevant pupils
- > Developing and monitoring individual healthcare plans (IHPs)

The named person with responsibility for implementing this policy is Bernard Cassidy, Head Teacher

2. Legislation and statutory responsibilities

This policy meets the requirements under <u>Section 100 of the Children and Families Act 2014</u>, which places a duty on governing boards to make arrangements for supporting pupils at their school with medical conditions.

It is also based on the Department for Education's statutory guidance: <u>Supporting pupils at school</u> with medical conditions.

3. Roles and responsibilities

3.1 The governing board

The governing board has ultimate responsibility to make arrangements to support pupils with medical conditions. The governing board will ensure that sufficient staff have received suitable training and are competent before they are responsible for supporting children with medical conditions.

3.2 The headteacher

The headteacher will:

- Make sure all staff are aware of this policy and understand their role in its implementation
- > Ensure that there is a sufficient number of trained staff available to implement this policy and deliver against all individual healthcare plans (IHCPs), including in contingency and emergency situations
- > Ensure that the SENDCO oversees development of IHCPs
- > Make sure that school staff are appropriately insured and aware that they are insured to support pupils in this way
- > Direct SENDCO to contact the school nursing service in the case of any pupil who has a medical condition that may require support at school, but who has not yet been brought to the attention of the school nurse
- > Ensure that systems are in place for obtaining information about a child's medical needs and that this information is kept up to date

3.3 Staff

Supporting pupils with medical conditions during school hours is not the sole responsibility of one person. Any member of staff may be asked to provide support to pupils with medical conditions, although they will not be required to do so. This includes the administration of medicines.

Those staff who take on the responsibility to support pupils with medical conditions will receive sufficient and suitable training and will achieve the necessary level of competency before doing so.

Teachers will take into account the needs of pupils with medical conditions that they teach. All staff will know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

3.4 Parents

Parents will:

- > Provide the school with sufficient and up-to-date information about their child's medical needs
- > Be involved in the development and review of their child's IHP and may be involved in its drafting
- > Carry out any action they have agreed to as part of the implementation of the IHP e.g. provide medicines and equipment

3.5 Pupils

Pupils with medical conditions will often be best placed to provide information about how their condition affects them. Pupils should be fully involved in discussions about their medical support needs and contribute as much as possible to the development of their IHPs. They are also expected to comply with their IHPs.

3.6 School nurses and other healthcare professionals

Our school nursing service will notify the school when a pupil has been identified as having a medical condition that will require support in school. This will be before the pupil starts school, wherever possible.

Healthcare professionals, such as GPs and paediatricians, will liaise with the school's nurses and notify them of any pupils identified as having a medical condition. School regularly liaises with a range of

4. Equal opportunities

Our school is clear about the need to actively support pupils with medical conditions to participate in school trips and visits, or in sporting activities, and not prevent them from doing so.

The school will consider what reasonable adjustments need to be made to enable these pupils to participate fully and safely on school trips, visits and sporting activities.

Risk assessments will be carried out so that planning arrangements take account of any steps needed to ensure that pupils with medical conditions are included. In doing so, pupils, their parents and any relevant healthcare professionals will be consulted.

5. Being notified that a child has a medical condition

When the school is notified that a pupil has a medical condition, the process outlined below will be followed to decide whether the pupil requires an IHP.

The school will make every effort to ensure that arrangements are put into place within 2 weeks, or by the beginning of the relevant term for pupils who are new to our school.

See Appendix 1.

6. Individual healthcare plans

The headteacher has overall responsibility for the development of IHPs for pupils with medical conditions. This has been delegated to Mrs Huxley, our SENDCO.

Plans will be reviewed at least annually, or earlier if there is evidence that the pupil's needs have changed.

Plans will be developed with the pupil's best interests in mind and will set out:

> What needs to be done

> When

> By whom

Not all pupils with a medical condition will require an IHP. It will be agreed with a healthcare professional and the parents when an IHP would be inappropriate or disproportionate. This will be based on evidence. If there is not a consensus, the headteacher will make the final decision.

Plans will be drawn up in partnership with the school, parents and a relevant healthcare professional, such as the school nurse, specialist or paediatrician, who can best advise on the pupil's specific needs. The pupil will be involved wherever appropriate.

IHPs will be linked to, or become part of, any statement of special educational needs (SEN) or education, health and care (EHC) plan. If a pupil has SEN but does not have a statement or EHC plan, the SEN will be mentioned in the IHP.

The level of detail in the plan will depend on the complexity of the child's condition and how much support is needed. The governing board and the SENDCO will advise headteacher. We will consider the following when deciding what information to record on IHPs:

- > The medical condition, its triggers, signs, symptoms and treatments
- > The pupil's resulting needs, including medication (dose, side effects and storage) and other treatments, time, facilities, equipment, testing, access to food and drink where this is used to manage their condition, dietary requirements and environmental issues, e.g. crowded corridors, travel time between lessons
- > Specific support for the pupil's educational, social and emotional needs. For example, how absences will be managed, requirements for extra time to complete exams, use of rest periods or additional support in catching up with lessons, counselling sessions
- > The level of support needed, including in emergencies. If a pupil is self-managing their medication, this will be clearly stated with appropriate arrangements for monitoring
- > Who will provide this support, their training needs, expectations of their role and confirmation of proficiency to provide support for the pupil's medical condition from a healthcare professional, and cover arrangements for when they are unavailable
- > Who in the school needs to be aware of the pupil's condition and the support required
- > Arrangements for written permission from parents and the headteacher for medication to be administered by a member of staff, or self-administered by the pupil during school hours
- > Separate arrangements or procedures required for school trips or other school activities outside of the normal school timetable that will ensure the pupil can participate, e.g. risk assessments
- > Where confidentiality issues are raised by the parent/pupil, the designated individuals to be entrusted with information about the pupil's condition
- > What to do in an emergency, including who to contact, and contingency arrangements

7. Managing medicines

Prescription medicines will only be administered at school:

- > When it would be detrimental to the pupil's health or school attendance not to do so **and**
- > Where we have parents' written consent

Pupils under 16 will not be given medicine containing aspirin unless prescribed by a doctor.

Anyone giving a pupil any medication (for example, for pain relief) will first check maximum dosages and when the previous dosage was taken. Parents will always be informed.

The school will only accept prescribed medicines that are:

> In-date

> Labelled

> Provided in the original container, as dispensed by the pharmacist, and include instructions for administration, dosage and storage

The school will accept insulin that is inside an insulin pen or pump rather than its original container, but it must be in date.

All medicines will be stored safely. Pupils will be informed about where their medicines are at all times and be able to access them immediately.

Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens will always be readily available to pupils and not locked away.

Only exception to prescribed medication would be for children attending residential trips and needing routine medication such as paracetamol or travel sickness tablets. **Head teacher or EVC** (educational visits co-ordinator) would have to approve this.

7.1 Medication Moving Between Home and School

Medication should only be handed to a parent/carer or nominated contact. Cannot be transported by the child.

Medicines will be returned to parents to arrange for safe disposal when no longer required.

Medicines are audited termly to check dates. All medication is sent home (via adult) at the end do the school year.

7.2 Procedures for Managing Prescription Medicines on Trips and Outings

Schools must consider what reasonable adjustments they might make to enable children with medical needs to participate fully and safely on visits. This may include a risk assessment.

Sometimes additional safety measures may need to be taken for outside visits e.g. an additional volunteer / accompanying parent. Staff supervising excursions should always be aware of any medical needs and relevant emergency procedures. A copy of the appropriate health care plans (if appropriate) should be taken on visits.

Staff must check Scholar Pack medical register before going on trips and ensure that if they are taking any medication on a school trip that they seek advice and permission for a member of the school's leadership team. Medication should be carried by trip leader unless child's needs it with them.

Parent must complete medication form for any trips outside school hours, including residential trips. Medication records must be updated in school. The office teams will collate this information using google forms.

Any medication forms should be given to administration team on return. These should be digitally scanned and added to the child's personal records in the office. Records can be shredded after use.

Non prescribed medication will only be administered with the consent of the head teacher. This includes paracetamol and other non-prescribed for residential education.

7.3 Safe Storage of Medicines

Medicines should be stored in accordance with the product instructions (paying particular attention to the temperature), and in the original dispensed container.

Children should know where medicines are stored safely. Emergency medicines such as inhalers and adrenaline pens should be readily available for use.

All medicines are stored in the office on both receptions with children's names clearly labelled. There are fridges in main office and HT's office at upper site.

Inhalers are stored in labelled boxes in the child's classroom.

EpiPens are stored in the lower site main reception for years 1-4, IN the assistant headteacher's room in the foundation stage building for FS1 and FS2 and in the office at top site for years 5 and 6. It is clearly signposted where the EpiPens are kept and each EpiPen is stored in a box for each individual with a label (see form 1).

7.4 Circumstances in Which Children May Take Non-Prescription Medicines

Staff should NEVER give a non-prescribed medicine to a child unless there is specific prior written permission from the parents and full agreement of the head teacher. Where the head teacher agrees to administer a non-prescribed medicine, it MUST be recorded either on a Form 6, and the parents informed.

If a child suffers regularly from frequent or acute pain the parents should be encouraged to refer the matter to the child's GP.

A CHILD UNDER 16 SHOULD NEVER BE GIVEN ASPIRIN OR MEDICINES CONTAINING IBUPROFEN UNLESS PRESCRIBED BY A DOCTOR.

If a medical concern arises, a member of staff must inform parents and if necessary, emergency services. We must never administer medication that is not prescribed or does not have parental consent.

School does hold emergency inhalers. These are renewed annually and will be administered if:

- 1. Advised to do so by a parent/carer
- 2. Advised to do so by medical services
- 3. Child is having a medical emergency

Department for Education Guidance.

DfE Guidance on management of medication states:

Further advice:

Although schools may already have such procedures in place, they should reflect the following details:

- medicines should only be administered at school when it would be detrimental to a child's health or school attendance not to do so
- no child under 16 should be given prescription or non-prescription medicines without their parent's written consent except in exceptional circumstances where the medicine has been prescribed to the child without the knowledge of the parents. In such cases, every effort should be made to encourage the child or young person to involve their parents while respecting their right to confidentiality.

Schools should set out the circumstances in which non-prescription medicines may be administered

- a child under 16 should never be given medicine containing aspirin unless prescribed by a doctor. Medication, e.g. for pain relief, should never be administered without first checking maximum dosages and when the previous dose was taken. Parents should be informed
- where clinically possible, medicines should be prescribed in dose frequencies which enable them to be taken outside school hours
- schools should only accept prescribed medicines if these are in-date, labelled, provided in the original container as dispensed by a pharmacist and include instructions for administration, dosage and storage. The exception to this is insulin, which must still be in date, but will generally be available to schools inside an insulin pen or a pump, rather than in its original container

• all medicines should be stored safely. Children should know where their medicines are at all times and be able to access them immediately. Where relevant, they should know who holds the key to the storage facility.

Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens should be always readily available to children and not locked away. This is particularly important to consider when outside of school premises, e.g. on school trips

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- when no longer required, medicines should be returned to the parent to arrange for safe disposal. Sharps boxes should always be used for the disposal of needles and other sharps
- a child who has been prescribed a controlled drug may legally have it in their possession if they are competent to do so but passing it to another child for use is an offence. Monitoring arrangements may be necessary. Schools should otherwise keep controlled drugs that have been prescribed for a pupil securely stored in a non-portable container and only named staff should have

access. Controlled drugs should be easily accessible in an emergency. A record should be kept of any doses used and the amount of the controlled drug held

• school staff may administer a controlled drug to the child for whom it has been prescribed. Staff administering medicines should do so in accordance with the prescriber's instructions. Schools should keep a record of all medicines administered to individual children, stating what, how and how much was administered, when and by whom. Any side effects of the medication to be administered at school should be noted in school

7.1 Controlled drugs

<u>Controlled drugs</u> are prescription medicines that are controlled under the <u>Misuse of Drugs Regulations</u> <u>2001</u> and subsequent amendments, such as morphine or methadone.

A pupil who has been prescribed a controlled drug may have it in their possession if they are competent to do so, but they must not pass it to another pupil to use. All other controlled drugs are kept in a secure cupboard in the school office and only named staff have access.

Controlled drugs will be easily accessible in an emergency and a record of any doses used and the amount held will be kept.

7.2 Pupils managing their own needs

Pupils who are competent will be encouraged to take responsibility for managing their own medicines and procedures. This will be discussed with parents and it will be reflected in their IHPs.

Pupils will be allowed to carry their own medicines and relevant devices wherever possible. Staff will not force a pupil to take a medicine or carry out a necessary procedure if they refuse but will follow the procedure agreed in the IHP and inform parents so that an alternative option can be considered, if necessary.

7.3 Unacceptable practice

School staff should use their discretion and judge each case individually with reference to the pupil's IHP, but it is generally not acceptable to:

- > Prevent pupils from easily accessing their inhalers and medication, and administering their medication when and where necessary
- Assume that every pupil with the same condition requires the same treatment
- > Ignore the views of the pupil or their parents
- > Ignore medical evidence or opinion (although this may be challenged)

- > Send children with medical conditions home frequently for reasons associated with their medical condition or prevent them from staying for normal school activities, including lunch, unless this is specified in their IHPs
- > If the pupil becomes ill, send them to the school office or medical room unaccompanied or with someone unsuitable
- > Penalise pupils for their attendance record if their absences are related to their medical condition, e.g. hospital appointments
- > Prevent pupils from drinking, eating or taking toilet or other breaks whenever they need to in order to manage their medical condition effectively
- > Require parents, or otherwise make them feel obliged, to attend school to administer medication or provide medical support to their pupil, including with toileting issues. No parent should have to give up working because the school is failing to support their child's medical needs
- > Prevent pupils from participating, or create unnecessary barriers to pupils participating in any aspect of school life, including school trips, e.g. by requiring parents to accompany their child
- > Administer, or ask pupils to administer, medicine in school toilets

8. Emergency procedures

Staff will follow the school's normal emergency procedures (for example, calling 999). All pupils' IHPs will clearly set out what constitutes an emergency and will explain what to do.

If a pupil needs to be taken to hospital, staff will stay with the pupil until the parent arrives or accompany the pupil to hospital by ambulance.

9. Training

Staff who are responsible for supporting pupils with medical needs will receive suitable and sufficient training to do so.

The training will be identified during the development or review of IHPs. Staff who provide support to pupils with medical conditions will be included in meetings where this is discussed.

The relevant healthcare professionals will lead on identifying the type and level of training required and will agree this with our SENDCO Training will be kept up to date.

Training will:

- > Be sufficient to ensure that staff are competent and have confidence in their ability to support the pupils
- > Fulfil the requirements in the IHPs
- > Help staff to have an understanding of the specific medical conditions they are being asked to deal with, their implications and preventative measures

Healthcare professionals will provide confirmation of the proficiency of staff in a medical procedure, or in providing medication.

All staff will receive training so that they are aware of this policy and understand their role in implementing it, for example, with preventative and emergency measures so they can recognise and act quickly when a problem occurs. This will be provided for new staff during their induction.

10. Record keeping

The governing board will ensure that written records are kept of all medicine administered to pupils. Parents will be informed if their pupil has been unwell at school.

IHCPs are kept on Scholar Pack, which all staff are aware of. Also shared with Dragon Club staff.

11. Liability and indemnity

The governing board will ensure that the appropriate level of insurance is in place and appropriately reflects the school's level of risk. School undertakes indemnity insurance via Local Authority with Zurich Insurance.

12. Complaints

Parents with a complaint about their child's medical condition should discuss these directly with the school's SENDCO, Mrs Huxley in the first instance. If the SENDCO cannot resolve the matter, they will direct parents to the school's complaints procedure.

13. Monitoring arrangements

This policy will be reviewed and approved by the governing board every year.

14. Communication

Policy will be communicated via school website and shared at IHP meetings. Links to other policies

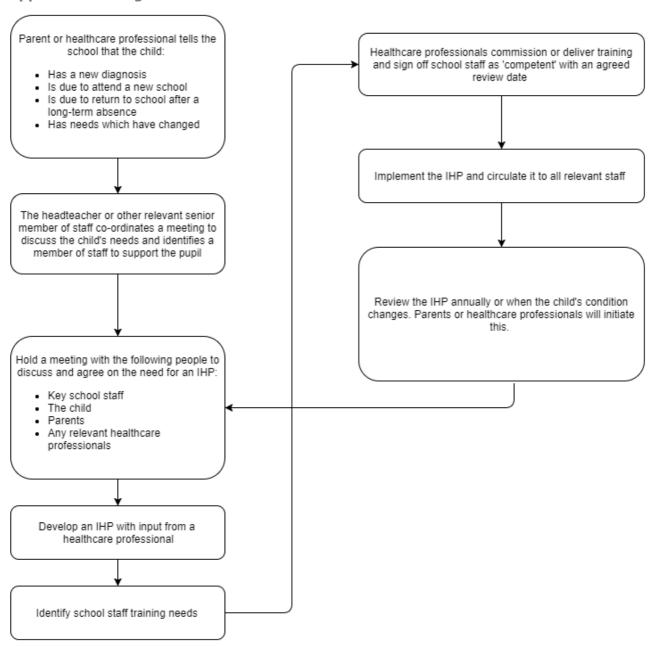
This policy links to the following policies:

- > Accessibility plan
- > Complaints
- > Equality information and objectives
- > First aid
- > Health and safety
- Safeguarding
- > Special educational needs information report and policy

16.Useful websites

- Additional inhalers. See www.asthma.org.uk (Introduced October 2014 Guidance on the use of emergency salbutamol inhalers in schools March 2015)
- Additional Adrenaline Auto-injectors (EpiPens). See www.anaphylaxis.org.uk and www.anaphylaxis.org.uk and www.anaphylaxis.org.uk
- https://www.anaphylaxis.org.uk/wp-content/uploads/2018/11/Managing-Allergens-in-the-Workplace-A-guide-for-Employers-and-Employees.pdf
- <u>www.bsaci.org</u> (ref: the Human Medicines (Amendment) Regulations 2017 from October 2017).
- See DfE Supporting pupils with medical conditions for updated guidance and templates. https://www.gov.uk/government/publications/supporting-pupils-at-school-with-medical-conditions-3

Appendix 1: Being notified a child has a medical condition



Parental agreement for school/setting to administer medicine

The school/setting will not give your child medicine unless you complete and sign this form and the school or setting has a policy that staff can administer medicine



Name of School/Setting	
Name of Child:	
Date of Birth:	
Group/Class/Form:	
Medical condition/illness:	
Medicine	
Name/Type of Medicine (as described the container):	on
Date dispensed:	
Expiry date:	
Dosage and method:	
Timing:	
Special Precautions:	
Are there any side effects that the school/setting needs to know about?	
Self-Administration:	Yes/No (delete as appropriate)
Procedures to take in an Emergency:	
NB: Medicines must be in the original	al container as dispensed by the pharmacy
Contact Details	
Name	
Daytime telephone no.	
Relationship to child	
Address	
	my knowledge, accurate at the time of writing and I inistering medicine in accordance with the
Parent/Carers Signature:	
Date:	

FORM 6

Record of Medicines Administered to all Children

Please sign below with the correct dosage when administering medication. Parental permission must always be given in writing and information regarding medication must be kept with the medication.



Never accept an open box of medication

Name of school/setting St. George's Primary School

Date	Name	Time	Medicine	Dose	Any reactions	Signature and counter signature		Initials of both	